

#### Clinical Policy: Glucagon-Like Peptide-1 (GLP-1) Receptor Agonists

Reference Number: HIM.PA.53

Effective Date: 03.01.18 Last Review Date: 02.24 Line of Business: HIM

**Revision Log** 

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

#### **Description**

The following agents contain a synthetic glucagon-like peptide-1 (GLP-1) receptor agonist and require prior authorization: dulaglutide (Trulicity®), exenatide ER (Bydureon®, Bydureon BCise®), exenatide IR (Byetta®), liraglutide (Victoza®), liraglutide/insulin degludec (Xultophy®), lixisenatide (Adlyxin®), lixisenatide/insulin glargine (Soliqua®), semaglutide (Ozempic®, Rybelsus®), and tirzepatide\* (Mounjaro™).

#### FDA Approved Indication(s)

GLP-1 receptor agonists are indicated as adjunct to diet and exercise to improve glycemic control with type 2 diabetes mellitus. Bydureon, Bydureon BCise, Trulicity, and Victoza are indicated in patients 10 years of age and older, while the other GLP-1 receptor agonists are indicated in adults.

Ozempic, Trulicity and Victoza are also indicated to reduce the risk of major adverse cardiovascular events in adults with type 2 diabetes mellitus and:

- Established cardiovascular disease (*Ozempic*, *Trulicity*, *Victoza*);
- Cardiovascular risk factors (*Trulicity only*).

#### Limitation(s) of use:

- Bydureon, Bydureon BCise, and Xultophy are not recommended as a first-line therapy for patients inadequately controlled on diet and exercise.
- GLP-1 receptor agonists should not be used for the treatment of type 1 diabetes. Xultophy and Soliqua are not for the treatment of diabetic ketoacidosis.
- Xultophy and Soliqua have not been studied in combination with prandial insulin. In addition, they are not recommended for use in combination with any other product containing a GLP-1 receptor agonist.
- Other than Victoza and Xultophy, GLP-1 receptor agonists have not been studied in patients with a history of pancreatitis. Other antidiabetic therapies should be considered.
- Trulicity is not for patients with pre-existing severe gastrointestinal disease.
- Adlyxin and Soliqua are not recommended in patients with gastroparesis.
- Bydureon and Bydureon BCise are extended-release formulations of exenatide. Do not coadminister with other exenatide containing products.
- Victoza and Xultophy contain liraglutide and should not be co-administered with other liraglutide-containing products.

<sup>\*</sup> Tirzepatide is a combination GLP-1 and glucose-dependent insulinotropic polypeptide (GIP) receptor agonist.



#### Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation<sup>®</sup> that GLP-1 receptor agonists are **medically necessary** when the following criteria are met:

#### I. Initial Approval Criteria

#### A. Preferred GLP-1 RA Therapy\* (must meet all):

- \* If request is for a GLP-1 RA other than Victoza, Trulicity, Ozempic, Rybelsus, Soliqua, or Xultophy, please refer to criteria set I.B below
- 1. Diagnosis of type 2 diabetes mellitus;
- 2. Request is for Victoza, Trulicity, Ozempic, Rybelsus, Soliqua, or Xultophy;
- 3. Age is one of the following (a or b):
  - a. Trulicity, Victoza:  $\geq 10$  years;
  - b. Ozempic, Rybelsus, Soliqua, Xultophy: ≥ 18 years;
- 4. Requested product is not prescribed concurrently with another GLP-1 receptor agonist;
- 5. Dose does not exceed the FDA-approved maximum recommended dose (*see Section V*).

#### **Approval duration: 12 months**

#### B. Type 2 Diabetes Mellitus\* (must meet all):

- \* If request is for Victoza, Trulicity, Ozempic, Rybelsus, Soliqua, or Xultophy, please refer to criteria set I.A above for preferred GLP-1 RA Therapy.
- 1. Diagnosis of type 2 diabetes mellitus;
- 2. Request is for Adlyxin, Bydureon, Bydureon BCise, Byetta, or Mounjaro;
- 3. Age is one of the following (a or b):
  - a. Bydureon, Bydureon BCise: > 10 years;
  - b. Adlyxin, Byetta, Mounjaro: ≥ 18 years;
- 4. Member meets one of the following (a, b, or c):
  - a. Failure of  $\geq 3$  consecutive months of metformin as evidenced by HbA1c  $\geq 7\%$ , unless contraindicated or clinically significant adverse effects are experienced;
  - b. For antidiabetic medication-naïve members, requested agent is approvable if intended for concurrent use with metformin due to HbA1c ≥ 8.5% (drawn within the past 3 months);
  - c. Request is for an agent with proven cardiovascular benefit (Ozempic, Trulicity, Victoza), and member has established atherosclerotic cardiovascular disease (ASCVD), indicators of high ASCVD risk (*see Appendix D*), or chronic kidney disease;
- 5. Failure of all of the following, unless clinically significant adverse effects are experienced or all are contraindicated (a and b):
  - a.  $\geq 3$  consecutive months of each of the following (i, ii, and iii):
    - i. Victoza;
    - ii. Trulicity;
    - iii. Ozempic or Rybelsus;
  - b. Sodium-glucose co-transporter 2 (SGLT2) inhibitor (see *Appendix B*);



- 6. Requested product is not prescribed concurrently with another GLP-1 receptor agonist;
- 7. Dose does not exceed the FDA-approved maximum recommended dose (*see Section V*).

**Approval duration: 12 months** 

#### C. Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: HIM.PA.33 for health insurance marketplace; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: HIM.PA.103 for health insurance marketplace; or
- 2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: HIM.PA.154 for health insurance marketplace.

#### **II. Continued Therapy**

#### A. All Indications in Section I (must meet all):

- 1. Member meets one of the following (a or b):
  - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;
  - b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B);
- 2. Member is responding positively to therapy;
- 3. Requested product is not prescribed concurrently with another GLP-1 receptor agonist;
- 4. If request is for a dose increase, new dose does not exceed the FDA-approved maximum recommended dose (*see Section V*).

**Approval duration: 12 months** 

#### **B.** Other diagnoses/indications (must meet 1 or 2):

- 1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
  - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: HIM.PA.33 for health insurance marketplace; or
  - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: HIM.PA.103 for health insurance marketplace; or



2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: HIM.PA.154 for health insurance marketplace.

#### III. Diagnoses/Indications for which coverage is NOT authorized:

**A.** Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – HIM.PA.154 for health insurance marketplace or evidence of coverage documents.

#### IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key AACE: American Association of Clinical Endocrinologists

ACE: American College of Endocrinology ADA: American Diabetes Association ASCVD: atherosclerotic cardiovascular

disease ER: extended-release FDA: Food and Drug Administration GIP: glucose-dependent insulinotropic polypeptide

GLP-1: glucagon-like peptide-1 HbA1c: glycated hemoglobin

IR: immediate-release

SGLT2: sodium-glucose co-transporter 2

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

ana may require prior authorization.			
Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose	
metformin (Fortamet <sup>®</sup> , Glucophage <sup>®</sup> , Glucophage <sup>®</sup> XR, Glumetza <sup>®</sup> )	Regular-release (Glucophage): 500 mg PO BID or 850 mg PO QD; increase as needed in increments of 500 mg/week or 850 mg every 2 weeks	Regular-release: 2,550 mg/day	
	<ul> <li>Extended-release:</li> <li>Fortamet, Glumetza: 1,000 mg PO QD; increase as needed in increments of 500 mg/week</li> <li>Glucophage XR: 500 mg PO QD; increase as needed in increments of 500 mg/week</li> </ul>	Extended- release: 2,000 mg/day	
SGLT2 Inhibitors			
Farxiga® (dapagliflozin)	5 mg PO QD  To reduce the risk of hospitalization for heart failure, the recommended	10 mg/day	
	dose is 10 mg PO QD		
Glyxambi® (empagliflozin/ linagliptin)	One 10/5 mg tablet PO QD	25/5 mg/day	



Drug Name	Dosing Regimen	Dose Limit/
		Maximum Dose
Invokamet® (canagliflozin/	One 50/500 mg tablet PO BID	300/2,000
metformin)		mg/day
Invokamet® XR	Two 50/500 mg tablets PO QD	300/2,000
(canagliflozin/ metformin)		mg/day
Invokana® (canagliflozin)	100 mg PO QD	300 mg/day
Jardiance® (empagliflozin)	10 mg PO QD	25 mg/day
Qtern <sup>®</sup>	One 5/5 mg tablet PO QD	10/5 mg/day
(dapagliflozin/saxagliptin)	-	
Qternmet® XR (dapagliflozin/	Individualized dose PO QD	10/5/2,000
saxagliptin/metformin)		mg/day
Segluromet <sup>™</sup> (ertugliflozin/	Individualized dose PO BID	15/2,000 mg/day
metformin)		
Steglatro <sup>™</sup> (ertugliflozin)	5 mg PO QD	15 mg/day
Steglujan TM	One 5/100 mg tablet PO QD	15/100 mg/day
(ertugliflozin/sitagliptin)		
Synjardy®	Individualized dose PO BID	25/2,000 mg/day
(empagliflozin/metformin)		
Synjardy® XR (empagliflozin/	Individualized dose PO QD	25/2,000 mg/day
metformin)		
Trijardy <sup>™</sup> XR (empagliflozin/	Individualized dose PO QD	25/5/2,000
linagliptin/ metformin)		mg/day
Xigduo® XR (dapagliflozin/	Individualized dose PO QD	10/2,000 mg/day
metformin)		

Therapeutic alternatives are listed as Brand name® (generic) when the drug is available by brand name only and generic (Brand name®) when the drug is available by both brand and generic.

#### Appendix C: Contraindications/Boxed Warnings

- Contraindication(s):
  - Hypersensitivity to any product components
  - Personal or family history of medullary thyroid carcinoma or multiple endocrine neoplasia syndrome type 2 (all GLP-1 receptor agonists other than Byetta, Adlyxin, and Soliqua)
  - Use during episodes of hypoglycemia (Soliqua and Xultophy only)
  - o History of drug-induced immune-mediated thrombocytopenia from exenatide products (*Bydureon, Bydureon BCise, and Byetta only*)
- Boxed warning(s): thyroid C-cell tumors (all GLP-1 receptor agonists other than Byetta, Adlyxin, and Soliqua)

#### Appendix D: General Information

- Per the American Diabetes Association (ADA) and American Association of Clinical Endocrinologists and American College of Endocrinology (AACE/ACE) guidelines:
  - Metformin is recommended for all patients with type 2 diabetes. It is effective and safe, is inexpensive, and may reduce risk of cardiovascular events and death.
     Monotherapy is recommended for most patients; however:



- Starting with dual therapy (i.e., metformin plus another agent, such as a sulfonylurea, thiazolidinedione, dipeptidyl peptidase-4 inhibitor, SGLT2 inhibitor, GLP-1 receptor agonist, or basal insulin) may be considered for patients with baseline HbA1c ≥ 1.5% above their target. According to the ADA, a reasonable HbA1c target for many non-pregnant adults is < 7% (≤ 6.5% per the AACE/ACE).</p>
- Starting with combination therapy with insulin may be considered for patients with baseline HbA1c > 10% or if symptoms of hyperglycemia are present.
- For patients with established ASCVD or indicators of high ASCVD risk, heart failure, or chronic kidney disease, use of an SGLT2 inhibitor or GLP-1 receptor agonist with demonstrated cardiovascular benefit is recommended as part of the glucose-lowering regimen independent of HbA1c and metformin use.
- o If the target HbA1c is not achieved after approximately 3 months of monotherapy, dual therapy should be initiated. If dual therapy is inadequate after 3 months, triple therapy should be initiated. Finally, if triple therapy fails to bring a patient to goal, combination therapy with insulin should be initiated. Each non-insulin agent added to initial therapy can lower HbA1c by 0.7-1%.
- According to the ADA, ASCVD includes coronary heart disease, cerebrovascular disease, or peripheral arterial disease presumed to be of atherosclerotic origin. Per American College of Cardiology, indicators of high ASCVD risk are age ≥ 55 years with coronary, carotid, or lower-extremity artery stenosis > 50%; left ventricular hypertrophy; retinopathy; and other end organ damage.

V. Dosage and Administration

Drug Name	Dosing Regimen	<b>Maximum Dose</b>
Adlyxin (lixisenatide)	Initial dose: 10 mcg SC QD for 14 days	20 mcg/day
	Maintenance dose: 20 mcg SC QD	
Bydureon (exenatide ER)	2 mg SC once weekly	2 mg/week
Bydureon BCise	2 mg SC once weekly	2 mg/week
(exenatide ER)		
Byetta (exenatide IR)	5 mcg to 10 mcg SC BID	20 mcg/day
Mounjaro (tirzepatide)	Initial dose: 2.5 mg SC once weekly.	15 mg/week
	May increase by 2.5 mg every 4 weeks	
	up to 15 mg once weekly	
Ozempic (semaglutide)	0.25 mg to 2 mg SC once weekly,	2 mg/week
	increased no more frequently than every	
	4 weeks	
Rybelsus (semaglutide)	Initial dose: 3 mg PO QD. After 30 days	14 mg/day
	on the 3 mg dose, increase to 7 mg PO	
	QD. May increase to 14 mg PO QD if	
	needed after at least 30 days on the 7 mg	
	dose	
Soliqua (lixisenatide/	Treatment naïve to basal insulin or GLP-	60 units insulin/20
insulin glargine)	1 receptor agonist, currently on a GLP-1	mcg
	receptor agonist, or currently on less than	lixisenatide/day
	30 units of basal insulin daily: 15 units	



Drug Name	Dosing Regimen	<b>Maximum Dose</b>
	(15 units insulin/5 mcg lixisenatide) SC	
	QD	
	Currently on 30 to 60 units of basal	
	insulin daily, with or without GLP-1	
	receptor agonist: 30 units (30 units	
	insulin/10 mcg lixisenatide) SC QD	
Trulicity (dulaglutide)	0.75 mg to 1.5 mg SC once weekly	Pediatrics: 1.5 mg/week
	For adults only: May increase to 3 mg	
	once weekly if needed after at least 4	Adults: 4.5
	weeks on 1.5 mg dose. May further	mg/week
	increase to 4.5 mg once weekly if needed	
	after at least 4 weeks on 3 mg dose.	
Victoza (liraglutide)	Initial: 0.6 mg SC QD for 7 days	1.8 mg/day
	Maintenance: 1.2 mg to 1.8 mg SC QD	
Xultophy (liraglutide/	Treatment naïve to basal insulin or GLP-	50 units insulin/1.8
insulin degludec)	1 receptor agonist: 10 units (10 units of	mg liraglutide/day
2	insulin/0.36 mg liraglutide) SC QD	
	Treatment experienced to basal insulin or	
	GLP-1 receptor agonist: 16 units (16	
	units insulin/0.58 mg liraglutide) SC QD	

### VI. Product Availability

Drug Name	Availability		
Adlyxin (lixisenatide)	Multi-dose prefilled pen: 50 mcg/mL in 3 mL (14 doses; 10		
	mcg/dose), 100 mcg/mL in 3 mL (14 doses; 20 mcg/dose)		
Bydureon (exenatide ER)	Single-dose tray: 2 mg vial		
	Single-dose prefilled pen: 2 mg pen		
Bydureon BCise	Single-dose autoinjector: 2 mg		
(exenatide ER)			
Byetta (exenatide IR)	Prefilled pen: 5 mcg/dose (0.02 mL) in 1.2 mL (60 doses), 10		
	mcg/dose (0.04 mL) in 2.4 mL (60 doses)		
Mounjaro (tirzepatide)	• Single-dose prefilled pen: 2.5 mg/0.5 mL, 5 mg/0.5 mL,		
	7.5 mg/0.5 mL, 10 mg/0.5 mL, 12.5 mg/0.5 mL, 15 mg/0.5		
	mL		
	• Single-dose vial: 2.5 mg/0.5 mL, 5 mg/0.5 mL, 7.5 mg/0.5		
	mL, 10 mg/0.5 mL, 12.5 mg/0.5 mL, 15 mg/0.5 mL		
Ozempic (semaglutide)	Prefilled pen:		
	• 2 mg/3 mL (0.68 mg/mL); delivers 0.25 mg or 0.5 mg per		
	injection		
	• 4 mg/3 mL (1.34 mg/mL); delivers 1 mg per injection		
	• 8 mg/3 mL (2.68 mg/mL); delivers 2 mg per injection		
Rybelsus (semaglutide)	Tablets: 3 mg, 7 mg, 14 mg		



Drug Name	Availability
Soliqua (lixisenatide/	Single-patient use pen: 33 mcg/100 units per mL in 3 mL
insulin glargine)	
Trulicity (dulaglutide)	Single-dose prefilled pen: 0.75 mg/0.5 mL, 1.5 mg/0.5 mL, 3
	mg/0.5 mL, 4.5 mg/0.5 mL
Victoza (liraglutide)	Multi-dose prefilled pen: 18 mg/3 mL (6 mg/mL; delivers
	doses of 0.6 mg, 1.2 mg, or 1.8 mg)
Xultophy (liraglutide/	Single-patient use pen: 3.6 mg/100 units per mL in 3 mL
insulin degludec)	

#### VII. References

- 1. American Diabetes Association. Standards of medical care in diabetes—2023. Diabetes Care. 2023; 45(suppl 1): S1-S280. Accessed October 16, 2023.
- 2. Blonde L, Umpierrez GE, Reddy SS, et al. American Association of Clinical Endocrinology clinical practice guideline: Developing a diabetes mellitus comprehensive care plan 2022 update. Endocrine Practice. 2022; 28(10): 923-1049.
- 3. Samson SL, Vellanki P, Blonde L, et al. American Association of Clinical Endocrinology Consensus Statement: Comprehensive Type 2 Diabetes Management Algorithm 2023 Update. Endocr Pract. 2023 May;29(5):305-340. doi: 10.1016/j.eprac.2023.02.001.
- 4. de Boer IH, Khunti K, Sadusky T, et al. Diabetes management in chronic kidney disease: A consensus report by the American Diabetes Association (ADA) and Kidney Disease: Improving Global Outcomes (KDIGO). Diabetes Care. 2022; dci220027. Available at: https://diabetesjournals.org/care/article/doi/10.2337/dci22-0027/147614/Diabetes-Management-in-Chronic-Kidney-Disease-A. Accessed October 16, 2023.
- 5. Adlyxin Prescribing Information. Bridgewater, NJ: Sanofi-aventis US LLC; September 2023. Available at: https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/208471s007lbl.pdf. Accessed October 16, 2023.
- 6. Bydureon Prescribing Information. Wilmington, DE: AstraZeneca Pharmaceuticals, LP; December 2022. Available at: https://www.accessdata.fda.gov/drugsatfda\_docs/label/2022/022200s034lbl.pdf. Accessed October 16, 2023.
- 7. Bydureon BCise Prescribing Information. Wilmington, DE: AstraZeneca Pharmaceuticals, LP; May 2023. Available at: www.bydureonbcise.com. Accessed October 16, 2023.
- 8. Byetta Prescribing Information. Wilmington, DE: AstraZeneca Pharmaceuticals, LP; December 2022. Available at: www.byetta.com. Accessed October 16, 2023.
- 9. Trulicity Prescribing Information. Indianapolis, IN: Eli Lilly and Company, Inc; November 2022. Available at: www.trulicity.com. Accessed October 16, 2023.
- 10. Victoza Prescribing Information. Princeton, NJ: Novo Nordisk Inc; July 2023. Available at: www.victoza.com. Accessed October 16, 2023.
- 11. Xultophy Prescribing Information. Bagsvaerd, Denmark: Novo Nordisk A/S; July 2023. Available at: www.xultophy.com. Accessed October 16, 2023.
- 12. Ozempic Prescribing Information. Bagsvaerd, Denmark: Novo Nordisk A/S; September 2023. Available at: www.ozempic.com. Accessed October 16, 2023.
- 13. Rybelsus Prescribing Information. Bagsvaerd, Denmark: Novo Nordisk A/S; January 2023. Available at: www.rybelsuspro.com. Accessed October 16, 2023.



- 14. Mounjaro Prescribing Information. Indianapolis, IN: Lilly USA, LLC; July 2023. Available at:
  - https://www.accessdata.fda.gov/drugsatfda\_docs/label/2023/215866Orig1s002s006lbl.pdf. Accessed October 16, 2023.
- 15. Soliqua Prescribing Information. Bridgewater, NJ: Sanofi-aventis US LLC; June 2022. Available at: www.soliqua.com. Accessed October 16, 2023.

Reviews, Revisions, and Approvals	Date	P&T Approval
		Date
1Q 2020 annual review: no significant changes; references	10.29.19	02.20
reviewed and updated.		
Added reference to HIM.PA.02 for Rybelsus requests per SDC and	02.25.20	
prior clinical guidance.		
"FDA Approved Indications" section updated to include Trulicity's	04.07.20	08.20
new FDA indication: cardiovascular risk reduction in patients with		
established cardiovascular disease or with multiple cardiovascular		
risk factors; added new exenatide contraindication to Appendix C;		
references reviewed and updated.		
RT4: added new dosage strength (3 mg, 4.5 mg) forms for	09.29.20	
Trulicity.		
Added Adlyxin, Ozempic, and Soliqua to policy; for Adlyxin,	08.19.20	
Bydureon, Bydureon BCise, Byetta, Soliqua, and Xultophy		
requests, added redirection to Victoza, Trulicity, Ozempic per		
August SDC and prior clinical guidance.		
1Q 2021 annual review: added criteria for Rybelsus (adapted from	10.26.20	02.21
HIM.PA.02, now retired); references to HIM.PA.21 revised to		
HIM.PA.154; references reviewed and updated.		
Removed Trulicity step-wise dose escalation criteria based on	03.11.21	
cost/PA analysis and low anticipation for inappropriate usage.		
Per March SDC and prior clinical guidance, for Xultophy remove	03.26.21	05.21
trial of Victoza, Trulicity, and Ozempic; add for Soliqua requests a		
required trial of Xultophy. Ad hoc: Added Steglatro and		
Segluromet to Appendix B; added new dosage strength (4 mg/3		
mL) form for Ozempic.		
RT4: updated indication and age limits down to 10 years of age for	08.03.21	
Bydureon and Bydureon BCise per updated prescribing		
information.		
1Q 2022 annual review: no significant changes; references	09.16.21	02.22
reviewed and updated.		
RT4: added new dosage strength (2 mg) form for Ozempic.	04.13.22	
RT4: added newly FDA approved drug, Mounjaro.	05.31.22	
Per August SDC and prior clinical guidance, for Rybelsus added	08.23.22	11.22
additional requirement for redirection to Victoza, Trulicity, and		
Ozempic. Template changes applied to other diagnoses/indications		
and continued therapy section.		



Reviews, Revisions, and Approvals	Date	P&T Approval Date
1Q 2023 annual review: added bypass of metformin for members with ASCVD, indicators of high ASCVD risk, or chronic kidney disease per ADA guidelines; RT4: added new dosage strength (2 mg/3 mL pen) for Ozempic; RT4: added pediatric expansion for age ≥ 10 years for Trulicity; RT4: removed limitation of use regarding first line use for Rybelsus per updated PI; references reviewed and updated.	01.17.23	02.23
Per January SDC and prior clinical guidance, applied SGLT2 inhibitor redirection to all non-preferred GLP-1 agonists.	02.10.23	05.23
Added the following requirement to both initial and continued therapy: requested product is not prescribed concurrently with another GLP-1 receptor agonist.	07.31.23	
RT4: Added newly approved Mounjaro vial formulations.	09.12.23	
Per November SDC: added separate initial approval criteria for preferred agents [Trulicity, Victoza, Xultophy, Soliqua, Ozempic, Rybelsus] with diagnosis, age, "not prescribed concurrently with another GLP-1 receptor agonist" criteria, and maximum dose limit requirements; for initial approval criteria, applied existing Type 2 Diabetes Mellitus criteria set to non-preferred agents [Bydureon, Bydureon BCise, Byetta, Adlyxin, Mounjaro], added redirection to Rybelsus, and removed redirection requirements for Soliqua; for continued therapy, updated "Type 2 Diabetes Mellitus" header to "All Indications in Section I."	11.09.23	12.23
1Q 2024 annual review: no significant changes; for Ozempic, removed 2 mg/1.5 mL (1.34 mg/mL) from section VI as strength is not currently marketed; updated Appendix D; references reviewed and updated.	01.29.24	02.24

#### **Important Reminder**

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering



benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members and their representatives agree to be bound by such terms and conditions by providing services to members and/or submitting claims for payment for such services.

©2018 Centene Corporation. All rights reserved. All materials are exclusively owned by Centene Corporation and are protected by United States copyright law and international copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Centene Corporation. You may not alter or remove any trademark, copyright or other notice contained herein. Centene® and Centene Corporation.® are registered trademarks exclusively owned by Centene Corporation.